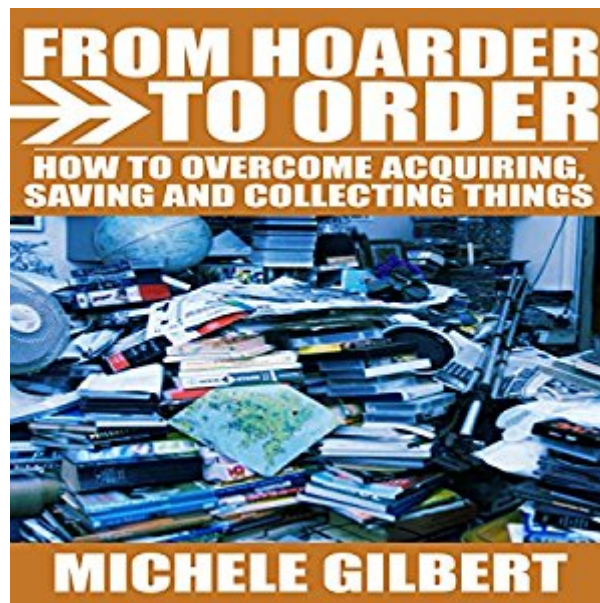




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From Hoarder To Order: How To Stop Acquiring, Saving And Collecting Things



Synopsis

Do you want to go from hoarder to order? Then stop accumulating stuff and declutter your home! Understand Hoarding and compulsive hoarding, and see how you can overcome it. People always have had trouble throwing things away. Magazines, newspapers, old clothes.... They think what if I need them one day? I don't want to risk throwing something out that might be valuable or appreciate with time. And those large piles of stuff keep growing, so it's difficult to move around, and there is no end in sight. This is why you need to consider decluttering and stop hoarding, saving, and collecting things.. Commonly hoarded items that need to be discarded may be newspapers, magazines, paper and plastic bags, cardboard boxes, photographs, household supplies, food, and clothing. Your friends have advised you to clear out that closet for years, and family has offered to help you throw away pots and pans that are no longer used in the kitchen. It seems that every time you make up your mind to declutter other thoughts arise that prevent you from clearing out the house. "What if I need these items in the future," you wonder. "I'd hate to be forced to buy the same product down the road because I disposed of it today." Your excuses and constant procrastination are more than simply a matter of putting off the inevitable. Check this out: Chapter 1: Clutter Defined Chapter 2: Clutter Effects Chapter 3: Clutter in History Chapter 4: Reasons Why You Haven't Decluttered Chapter 5: Why You Should Declutter Would you like to know more? Then download your copy today.

Book Information

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Customer Reviews

Although the title of this book includes "How To," the content does not. There are brief explanations

of cluttering and why it can be a problem. There's a rehash of some rather famous/infamous instances of cluttering and hoarding that are published in many places as I was already familiar with most of them. Not much in the way of how to, which would be a rather in depth topic. The titled book is actually very short, takes less than an hour to read. There are FIFTEEN, yes, that's right, 15 bonus books included. If they were on related topics, such as the psychology of hoarding, organization methods, decluttering methods, motivation for change, etc. they would be helpful and it would make sense to include those. Other Kindle authors occasionally bundle related books together. However, they are all on completely unrelated topics such as tarot cards and Wicca. Not sure why they are in there, perhaps to build up the total size of the book to make it appear to be a large volume on the hoarding behavior, but that is not the case. I've deleted the book from my device because all of the extra books, which are probably 95% of the total size of this book, were actually clutter on my device. Kinda ironic.

Very Short! The book itself is about 12-15 PAGES long. All the rest are attached books without content related to the books topic! Why 4 Stars? Because I like the on the spot description on why people become hoarders. Realizing why you have a habit will help you to get rid of it if you like! I found myself in some of these points and already changed.

What I loved about this book is that it was basic enough for me to hand to my organizing clients who are concerned that they or a loved one may be a hoarder yet at the same time had enough breadth to cover the mental health components. The interviews with her clients really put a face to hoarding. It is a secret that is kept often behind closed doors where many close friends or family are not even aware of it happening. This book will help pull back the curtain of what hoarding is and get us talking about it in the open. . I think it also deflates the bubble of overwhelm by giving enough information so that if I ever have the need, I'll know where to turn for help. I'd also recommend this book for Hoarders fans. I think it will help you see things through different eyes when you watch the show.

Even though I got this item free I consider it a waste of time & effort. I will never get back the time I wasted or energy expended by reading the blurb & energy spend downloading, & reading this waste of data,. It includes all kinds of extra junk in it not related to why I got the book. At least when I delete it I will gain some data space back. What a waste. I didn't want to give it any stars but in order to get the review accepted at all I had to give it a star.

I am not a hoarder nor I do not intend to be one. Hence I got this book to better educate myself why these things happen to certain people. Hoarding is basically a mind disorder that if wanted to be eliminated is very doable. If a certain person has this then this book might enlighten you all the negative things that hoarding will bring upon you. This book might be short but it brought up the topic spot on. This is a recommendable book. Nice one!

I admit I am a total hoarder of unused things. My husband told me to stop it but I can't. I am looking for tips and guide how to cure my hoarder disease and I saw this book. I started reading it and realize many things about being a hoarder. I saw the benefits and disadvantages of being a hoarder. I can say that being a hoarder is not good for a mother like me. I will follow these steps so that I can stop being a hoarder.

This is a book that has nothing to do with hoarding. Very strange that the cover doesn't match the content. Also, poorly written.

Such a fantastic guide to help me organize my life. It was hard to part with the stuff but I did it with the help of this book. It is great. It is my bible, now.

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